

Just Dance! 2026/2027 Schedule

Monday

Studio A:
900-945 am Cardio Barre Circuit

415-515 4-5 yr Combo
515-615 5-6 yr Combo
620-650 5-7 yr Hip Hop

Studio B:
900-945 am 3-5 yr Combo
1000-1030 am 2-3 yr Creative Movement

415-500 7-9 yr Ballet (and petite comp team)
500-545 7-9 yr Tap (and petite comp team)
545-630 7-9 yr Jazz (and petite comp team)
630-700 Petite Competition Team Rehearsal

Studio C:
415-500 10-12 yr Tap
500-545 10-12 yr Ballet
545-630 10-12 yr Jazz
630-715 Novice Team Rehearsal

Tuesday

Studio A:
900-945 am Trampoline Fit
945-1015 am Stretch and Flexibility

400-515 Ballet Level 3
515-600 Pointe Level 3/4
600-715 Ballet Level 4
715-815 Conditioning/Technique 3/4
815-915 Combinations Level 3/4

Studio B:
400-515 Ballet Level 2
515-600 Pre Pointe
600-645 Jazz 2
645-745 Hip Hop Level 1

Studio C:
900-1000 4-5 yr Combo

400-445 3-5 yr Combo
445-545 6-8 yr Hip Hop/Acro
600-645 Modern
645-745 Leaps/Turns Level 3
745-845 Hip Hop Level 2

Wednesday

Studio A:
900-945 am Power Pilates

415-515 Jazz Level 3
515-545 Rehearsal Jazz/Contemporary Level 3
545-630 Contemporary 3
630-7 Conditioning 3
7-745 Musical Theater 2/3

Studio B
415-515 Teen Jazz
515-545 Teen team jazz rehearsal
545-630 Teen Contemporary
630-7 Teen contemporary rehearsal
7-745 Teen Ballet
745-830 Teen Tap

Studio C
1000-1045 am Tiny Tots Pop & Tumble

415-515 4-6 yr Combo (and Mini team)
515-545 Mini Comp Team Rehearsal
545-630 Pre Pro Self Choreo Rehearsal
630-745 Pre Pro Leaps/Turns/Conditioning
745-845 Contemporary 4

Thursday

Studio A:
900-945 Rock the Trampoline

Studio A:
415-515 Floor Barre 3
515-6 Tap 3/4
6-645 Production Rehearsal
645-715 Level 3/4 Rehearsals
715-8 Musical Theatre 3/4
8-830 Open Routine Rehearsal

Studio B:
415-5 Tap 2/3
5-6 Ballet 2

Studio C:
415-515 Jazz 4
515-6 Level 3/4 Conditioning
645-715 Level 2 Conditioning
715-745 Level 2 Rehearsal

Friday

Studio A:

900-945 am Cardio Barre

945-1030 am 3-4 yr Combo

415-500 Musical Theatre Level 2/3

500-600 Contemporary Level 2

600-700 Acro Level 2/3 (10 yr plus)

Studio B:

415-515 Acro level 1/2 (7-10 yrs)

515-600 Hip Hop Level 1 (7-10 yrs)

600-645 Contemporary Level 1 (7-10 yrs)

Studio C:

430-515 Hip Hop level 2/3 (10 yrs plus)

515-600 Hip Hop Level 1 - Petites - Comp only

Saturday

Studio A:

815-900 am Pilates

915-1000 am Adaptive

1000-1100 am Floor Barre

1100-1215 Level 3/4 Ballet

1215-215 pm Acro Level 3/4

Studio B:

930-1015 am 3-4 yr Combo

1030-1100 am 2-3 yr Creative Movement

Studio C:

930-1030 am 5-6 yr Combo

1030-1115 am 5-6 yr Pop & Tumble