

Just Dance! 2026/2027 Schedule

Monday

Studio A:
900-945 am Cardio Barre Circuit

415-515 4-5 yr Combo
515-615 5-6 yr Combo
620-650 5-7 yr Hip Hop

Studio B:
900-945 am 3-5 yr Combo
1000-1030 am 2-3 yr Creative Movement

415-500 7-9 yr Ballet (and petite comp team)
500-545 7-9 yr Tap (and petite comp team)
545-630 7-9 yr Jazz (and petite comp team)
630-700 Petite Competition Team Rehearsal

Studio C:
415-500 10-12 yr Tap
500-545 10-12 yr Ballet
545-630 10-12 yr Jazz

Tuesday

Studio A:
900-945 am Trampoline Fit
945-1015 am Stretch and Flexibility

400-515 Ballet Level 3
515-600 Pointe Level 3/4
600-730 Ballet Level 4
&30-815 Hip Hop Level 3/4
815-915 Combinations Level 3/4

Studio B:
900-1000 4-5 yr Combo

400-445 3-5 yr Combo
500-600 Conditioning Level 4
600-645 Leaps & Turns Level 3
645-730 Conditioning Level 3
730-815 Jazz Level 2

Studio c:
400-515 Ballet Level 2
515-600 Pre Pointe
600-645 Modern Level 2/3
645-730 Hip Hop Level 2

Wednesday

Studio A:
900-945 am Power Pilates

415-515 Jazz Level 3
515-615 Contemporary Level 3
645-745 Ballet Technique/Lyrical Level 3/4
745-815 Floor Barre Level 3/4
815-915 Pre Pro Team Technique

Studio B:
1000-1045 am Tiny Tots Pop & Tumble

415-515 4-6 yr Combo (and Mini team)
515-545 Mini Comp Team Rehearsal
545-645 Leaps & Turns Level 4

Studio C:
415-515 Teen Jazz
515-545 Teen team rehearsal
545-630 Teen Ballet
630-715 Teen Tap
715-800 Teen Contemporary
800-845 Teen Musical Theatre

Thursday

Studio A:
900-945 Rock the Trampoline

415-515 Jazz Level 4
515-600 Tap Level 3/4
600-700 Production Comp Rehearsal
7-730 Open Rehearsal

Studio B:
415-515 4-6 yr Hip Hop/Acro
515-600 Strength/Flexibility Level 3/4
700-730 Rehearsal

Studio C:
415-500 Tap Level 2/3
500-600 Ballet Technique Level 2
600-700 Floor Barre/Conditioning Level 2/3
700-730 Rehearsals
730-815 Combinations Level 2/3
815-845 Conditioning Level 2/3

Friday

Studio A:

900-945 am Cardio Barre

945-1030 am 3-4 yr Combo

415-500 Musical Theatre Level 2/3

500-600 Contemporary Level 2

600-700 Acro Level 2/3 (10 yr plus)

Studio B:

415-515 Acro level 1/2 (7-10 yrs)

515-600 Hip Hop Level 1 (7-10 yrs)

600-645 Contemporary Level 1 (7-10 yrs)

Studio C:

430-515 Hip Hop level 2/3 (10 yrs plus)

Saturday

Studio A:

815-900 am Pilates

915-1000 am Adaptive

1000-1100 am Floor Barre

1100-1215 Level 3/4 Ballet

1215-215 pm Acro Level 3/4

Studio B:

930-1015 am 3-4 yr Combo

1030-1100 am 2-3 yr Creative Movement

Studio C:

930-1030 am 5-6 yr Combo

1030-1115 am 5-6 yr Pop & Tumble