

Just Dance! 2026/2027 Schedule

Monday

Studio A:

900-945 am Cardio Barre Circuit

415-515 4-5 yr Combo

515-615 5-6 yr Combo

620-650 5-7 yr Hip Hop

Studio B:

900-945 am 3-5 yr Combo

1000-1030 am 2-3 yr Creative Movement

415-500 7-9 yr Ballet (and petite comp team)

500-545 7-9 yr Tap (and petite comp team)

545-630 7-9 yr Jazz (and petite comp team)

630-700 Petite Competition Team Rehearsal

Studio C:

415-500 10-12 yr Tap

500-545 10-12 yr Ballet

545-630 10-12 yr Jazz

630-715 Novice Team Rehearsal

Tuesday

Studio A:

900-945 am Trampoline Fit

945-1015 am Stretch and Flexibility

400-515 Ballet Level 3

515-600 Pointe Level 3/4

600-730 Ballet Level 4

730-815 Conditioning/Technique 3/4

815-915 Combinations Level 3/4

Studio B:

400-515 Ballet Level 2

515-600 Pre Pointe

600-645 Jazz 2

645-745 Hip Hop Level 1

Studio C:

900-1000 4-5 yr Combo

400-445 3-5 yr Combo

445-545 6-8 yr Hip Hop/Acro

645-745 Leaps/Turns Level 3

745-845 Hip Hop Level 2

Wednesday

Studio A:

900-945 am Power Pilates

415-515 Jazz Level 3

515-545 Rehearsal Jazz/Contemporary Level 3

545-630 Contemporary 3

630-715 Conditioning 3

715-800 Musical Theater 2/3

Studio B

415-5 Teen Ballet

5-545 Teen Jazz

545-615 Teen jazz rehearsal

615-7 Teen Contemporary

7-730 Teen contemporary rehearsal

730-815 Teen Tap

Studio C

1000-1045 am Tiny Tots Pop & Tumble

415-515 4-6 yr Combo (and Mini team)

515-545 Mini Comp Team Rehearsal

630 -730 Pre Pro Leaps/Turns/Conditioning

730-815 Self Choreo Pre Pro

815-900 Contemporary 4

Thursday

Studio A:

900-945 Rock the Trampoline

Studio A:

400-500 Floor Barre 3

515-6 Tap 3/4

6-630 Production Rehearsal

630-715 Level 3/4 Rehearsals

715-8 Musical Theatre 3/4

8-830 Open Routine Rehearsal

Studio B:

415-5 Tap 2/3

5-6 Ballet 2

630-710 Modern

710-740 Level 2 Leaps/ Conditioning

740-810 Level 2 rehearsals

Studio C:

415-515 Jazz 4

515-6 Level 3/4 Conditioning

Friday

Studio A:

900-945 am Cardio Barre

945-1030 am 3-4 yr Combo

415-500 Musical Theatre Level 2/3

500-600 Contemporary Level 2

600-700 Acro Level 2/3 (10 yr plus)

Studio B:

415-515 Acro level 1/2 (7-10 yrs)

515-600 Hip Hop Level 1 (7-10 yrs)

600-645 Contemporary Level 1 (7-10 yrs)

Studio C:

430-515 Hip Hop level 2/3 (10 yrs plus)

515-600 Hip Hop Level 1 - Petites - Comp only

Saturday

Studio A:

815-900 am Pilates

915-1000 am Adaptive

1000-1130 Level 3/4 Ballet

1130-1215 Floor Barre

1215-215 pm Acro Level 3/4

Studio B:

930-1015 am 3-4 yr Combo

1030-1100 am 2-3 yr Creative Movement

Studio C:

930-1030 am 5-6 yr Combo

1030-1115 am 5-6 yr Pop & Tumble